

High School Lunch Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
31-Dec	31st	January 1st	2	30
School Closed	School Closed	School Closed	Chicken Fries French Fries Green Beans Fruit Pie	Pizza Choice Pretzel Bites Broccoli Pretzel Bites Peaches
6 Meatball Sandwich or Spicy Chicken Sandwich French Fries Baked Beans Pears	7 Egg Bagel Sandwich or Pancakes W/O Sausage Patty Hash Browns Fruit Pie Pudding	8 Popcorn Chicken Mashed Potatoes Peas Applesauce	9 Pasta W/Sauce & Meatballs or Cheese Tortellini Garden Salad Bread Stick Green Beans Pineapple	10 Pizza or Chicken Quesadilla Popped Chips Broccoli Peaches
13 Chicken Patty or Tuna Sandwich French Fries Baked Beans Mandarin Oranges	14 Soft Shell Taco or Mandarin Orange Chicken Wild Rice Steamed Carrots Fruit Cocktail Pudding	15 Chicken Fingers or Pulled Pork BBQ Mashed Potatoes Broccoli Peaches	16 Pizza or Fish Sandwich French Fries Tortilla Chips Salsa Applesauce	17 Early Dismissal NO Lunch Served
20 Schools Closed Inservice Day	21 Nachos Grande Taco Fiesta Beans Corn Pineapple Salsa	22 Breaded Chicken Drumstick, Wings or Sloppy Joe Scalloped Potatoes Peas Applesauce	23 Dutch Waffle Hash Brown Sausage Links Mixed Berry Fruit Cup	24 Personal Pizza or BBQ Chicken Flatbread Smiley Potatoes Winter Vegetables Fruit Cocktail
27 Stuffed Bread Sticks or Spicy Chicken Sandwich Taco Chili Graden Salad Green Beans Pears	28 Chicken Nuggets or Steak Sandwich French Fries Steamed Carrots Peaches	29 Italian Hoagie or Turkey & Cheese Sub Pretzel Bites Baked Beans Italian Ice	30 Macaroni & Cheese or Turkey Burger Garden Salad Broccoli Baked Cinnamon Apples	31 French Bread Pizza or Pepperoni Calzone Curly Fries Peas Pineapple

eat healthy
live healthy
be healthy



Students are encouraged to select one entrée and must take 1 serving of fruit or vegetable to make a meal.

A total of 3 items must be taken to make a complete meal.

All meals are served with a choice of milk, assorted fruits & vegetables daily.

Available Daily: Assorted Deli Sandwiches, PB&J & Salad Bar w/ Soup.

In accordance with the Federal Law and the U.S. Dept. of Agriculture Policy, this institution is prohibited from discriminating on the basis of race, color, nation origin, sex, age and disability. To file a complaint of discrimination, call (202)720-5964. EOE

On-line payments may be made at SchoolCafe.com

This institution is an equal opportunity provider.